



Beaumont Lodge

PRIMARY SCHOOL

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Thursday 05th February 2026

Dear Parents/Carers,

Children's Mental Health Week

On Friday 13th February, we would like to celebrate our learning around mental health with a 'Come as yourself' non-uniform day.

Your child should wear an outfit which makes them feel most comfortable, confident, and like they truly belong — whether that's cosy clothes, cultural dress, favourite colours, or something totally unique. Please ensure it is clothing that is appropriate for school.

Please read the Mental Health Week letter that is available [here](#) for more information about Children's Mental Health Week and support available to you through the NHS.

Thank you for your support.

Kind regards

Mrs D Solla
Headteacher

