

28th September 2026

Dear Parents/Carers,

Young Carers

At Beaumont Lodge Primary School, we understand that some children and young people take on significant caring responsibilities at home. These young carers may look after a parent, sibling, or relative who is ill, disabled, experiencing mental health difficulties or affected by substance misuse.

We recognise the challenges that young carers face, including balancing their caring duties with schoolwork and friendships. We want you to know that support is available, and we are committed to working together to ensure every child has the help they need.

How We Can Help

We offer a range of support options, including:

- School-based support: Confidential conversations, wellbeing check-ins and practical help in school.
- Referrals to local young carers services: These services can provide additional specialist advice and opportunities for your child to meet other young carers.
- Flexible communication: We encourage you to let us know if your child is a young carer. All information shared will be treated with strict confidentiality and only shared on a need-to-know basis to help support your child.

How to Get in Touch

If you believe your child has caring responsibilities, please indicate this on [this form](#) (your results will only be seen by me – the lead for Young Carers at Beaumont Lodge Primary School). Following this, I will contact you with further information.

Thank you,

Mrs Kazi
Headteacher